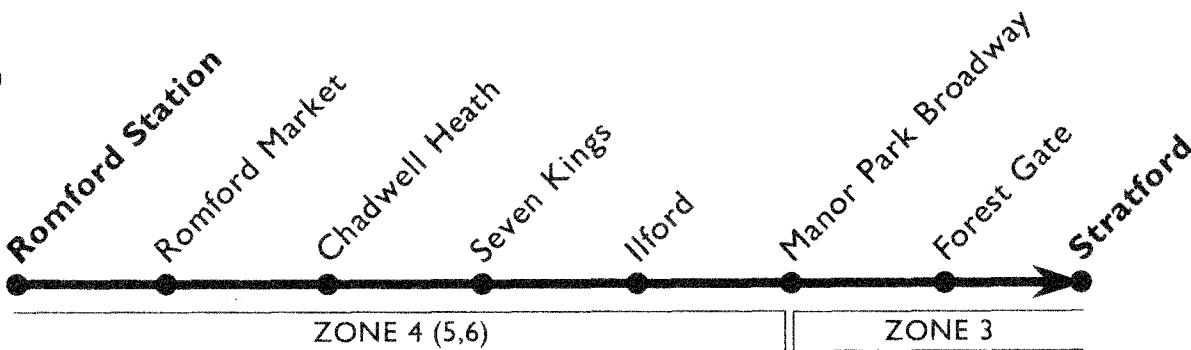


**Starting
20th March
1993**



Mondays to Fridays

Romford Station	0551	0604	0614	0624	0631	0638	0645	0652	0658	0704	0709	0716	1755	1804	1813	1822	
Romford Market	0553	0606	0616	0626	0634	0641	0648	0655	0701	0707	0712	0719	1758	1807	1816	1825	
Chadwell Heath <i>Wangey Road</i>	0602	0615	0625	0636	0646	0653	0700	0707	0713	0719	0724	0731	Then	1810	1819	1828	1837
Seven Kings Station	0608	0621	0631	0643	0653	0700	0707	0714	0720	0726	0731	0738	every	1817	1826	1835	1844
Iford Broadway <i>High Road</i>	0614	0627	0638	0650	0700	0707	0714	0721	0727	0734	0742	0749	7 - 10	1825	1833	1841	1850
Manor Park Broadway	0621	0634	0649	0700	0710	0717	0724	0731	0738	0746	0754	0801	minutes	1836	...	1851	...
Forest Gate Green Street	0625	0639	0654	0705	0715	0722	0729	0737	0744	0752	0800	0807	until	1840	...	1855	...
Stratford Broadway	0632	0647	0702	0713	0723	0730	0737	0745	0752	0800	0808	0815	...	1846	...	1901	...
Stratford Bus Station  DLR	0634	0649	0704	0715	0725	0732	0739	0747	0754	0802	0810	0817	1848	...	1903	...	

Romford Station ↗	1831	1846	1901	1917	1933	1949	2003	2243	2313	
Romford Market	1833	1848	1903	1919	1935	1951	2005	2245	2315	
Chadwell Heath <i>Wangey Road</i>	1844	1859	1914	1930	1946	2002	2016	Then	2256	2324
Seven Kings Station	1851	1906	1921	1937	1953	2009	2023	every	2303	2330
Iford Broadway <i>High Road</i> ↘	1857	1912	1929	1943	1959	2015	2029	20	2309	2336
Manor Park Broadway	1907	1922	1937	1952	2007	2023	2037	minutes	2316	2343
Forest Gate Green Street	1911	1926	1941	1956	2011	2027	2041	until	2319	2346
Stratford Broadway	1917	1932	1947	2002	2017	2033	2047		2325	2352
Stratford Bus Station ↗ ↛ DLR	1919	1934	1949	2004	2019	2035	2049		2327	2354

Saturdays

Romford Station	0550	0616	0645	0711	0730	0744	0759	0811	0821	0829	0837	0844	0851	0859	0904	0910	0917	0924
Romford Market	0552	0618	0647	0713	0732	0746	0801	0813	0823	0831	0839	0846	0853	0901	0906	0912	0919	0926
Chadwell Heath <i>Wangey Road</i>	0601	0627	0657	0723	0742	0756	0811	0823	0833	0841	0849	0856	0903	0911	0919	0925	0932	0939
Seven Kings Station	0607	0633	0703	0729	0748	0802	0817	0829	0839	0847	0855	0902	0910	0918	0926	0932	0939	0946
Ilford Broadway <i>High Road</i>	0613	0640	0710	0736	0755	0809	0824	0836	0846	0854	0902	0910	0918	0926	0934	0940	0948	0955
Manor Park Broadway	0620	0649	0719	0745	0804	0818	0833	0845	0855	0904	0912	0920	0928	0936	0944	0950	0958	1005
Forest Gate Green Street	0623	0652	0722	0748	0807	0821	0836	0848	0858	0908	0916	0924	0932	0940	0948	0954	1003	1010
Stratford Broadway	0629	0655	0728	0754	0813	0827	0842	0854	0906	0916	0924	0932	0940	0948	0956	1002	1011	1018
Stratford Bus Station  DLR	0631	0700	0730	0756	0815	0829	0844	0856	0908	0918	0926	0934	0942	0950	0958	1004	1013	1020

Romford Station	0930	0938	1718	1725	1733	1741	1749	1757	1806	1815	1824	1833	1848	1903	1918	1935
Romford Market	0932	0940	1721	1728	1736	1744	1752	1800	1809	1818	1827	1835	1850	1905	1920	1937
Chadwell Heath <i>Wangey Road</i>	0945	0953	Then	1737	1744	1752	1800	1808	1816	1823	1831	1838	1846	1901	1916	1948
Seven Kings Station	0953	1001	every	1745	1752	1800	1808	1815	1823	1830	1838	1845	1853	1908	1923	1955
Ilford Broadway <i>High Road</i>	1003	1011	7 – 8	1755	1802	1808	1816	1821	1829	1836	1844	1851	1859	1914	1929	1944
Manor Park Broadway	1013	1021	minutes	1805	...	1816	1824	...	1837	...	1852	...	1907	1922	1937	1952
Forest Gate <i>Green Street</i>	1018	1026	until	1810	...	1820	1828	...	1841	...	1856	...	1911	1926	1941	1956
Stratford Broadway	1026	1034		1816	...	1826	1834	...	1847	...	1902	...	1917	1932	1947	2002
Stratford Bus Station ☎ DLR	1028	1036	1818	...	1828	1836	...	1849	...	1904	...	1919	1934	1949	2004	2021

Romford Station	1952	2007	2023	2043	2103	2123	2143	2203	2223	2243	2313
Romford Market	1954	2009	2025	2045	2105	2125	2145	2205	2225	2245	2315
Chadwell Heath <i>Wangey Road</i>	2005	2020	2036	2056	2116	2136	2156	2216	2236	2256	2324
Seven Kings Station	2012	2027	2043	2103	2123	2143	2203	2223	2243	2303	2330
Iford Broadway <i>High Road</i>	2018	2033	2049	2109	2129	2149	2209	2229	2249	2309	2336
Manor Park Broadway	2026	2041	2057	2117	2137	2157	2217	2237	2257	2317	2343
Forest Gate Green Street	2030	2045	2101	2121	2141	2201	2221	2241	2301	2321	2346
Stratford Broadway	2036	2051	2107	2127	2147	2207	2227	2247	2307	2327	2352
Stratford Bus Station ☎ DLR	2038	2053	2109	2129	2149	2209	2229	2249	2309	2329	2354

Sundays and Public Holidays

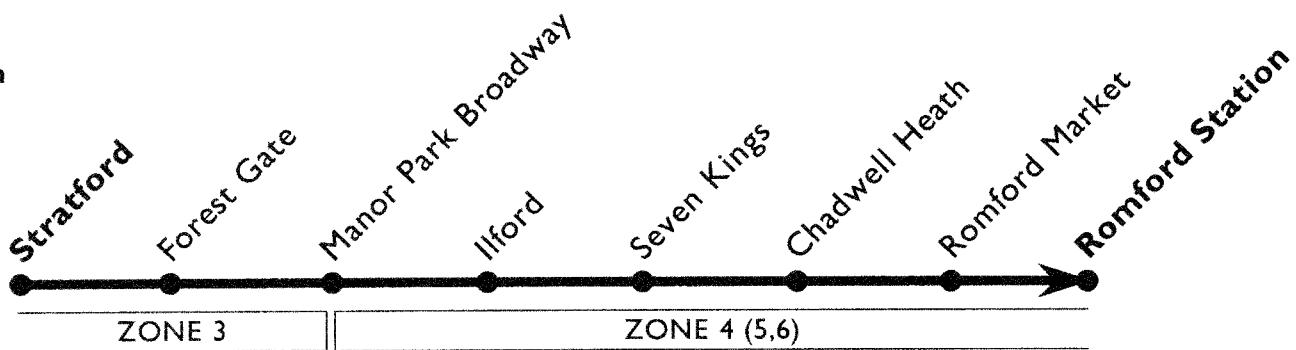
Romford Station	0645	0723	0753	0823	0843	0903	0923	0943	1005	1023	2243	2313	
Romford Market	0647	0725	0755	0825	0845	0905	0925	0945	1007	1025	2245	2315	
Chadwell Heath <i>Wangey Road</i>	0656	0734	0804	0834	0854	0914	0934	0956	1018	1036	Then	2256	2324
Seven Kings Station	0702	0741	0811	0841	0901	0921	0941	1003	1025	1043	every	2303	2330
Ilford Broadway <i>High Road</i>	0708	0747	0817	0847	0907	0927	0947	1009	1031	1049	20	2309	2336
Manor Park Broadway	0716	0755	0825	0855	0915	0935	0955	1017	1039	1057	minutes	2317	2343
Forest Gate Green Street	0719	0758	0828	0858	0918	0938	0959	1021	1043	1101	until	2321	2346
Stratford Broadway	0725	0804	0834	0904	0924	0944	1005	1027	1049	1107		2327	2352
Stratford Bus Station ↗ DLR	0727	0806	0836	0906	0926	0946	1007	1029	1051	1109		2329	2354



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DAILY

Starting
20th March
1993**Mondays to Fridays**

Stratford Bus Station DLR	0639	0700	0712	0727	0741	0749	0756	1901	1914	1930	1945		
Stratford Broadway	0643	0704	0716	0731	0745	0753	0800	1906	1919	1935	1950		
Forest Gate Green Street	0650	0711	0723	0739	0753	0801	0808	Then every	1914	1927	1942	1957		
Manor Park Broadway	0653	0714	0726	0742	0756	0804	0811	7 - 10	1920	1933	1947	2001		
Ilford Broadway Ilford Hill	0619	0639	0659	0710	0720	0732	0741	0749	0756	0803	0811	0818	Then every	1927	1938	1952	2006		
Seven Kings Station	0627	0647	0707	0718	0728	0741	0750	0758	0805	0812	0820	0827	minutes until	1936	1946	2000	2014	
Chadwell Heath Wangey Road	0633	0653	0713	0724	0734	0748	0757	0805	0812	0819	0827	0834	until	1943	1953	2007	2021	
Romford Market	0644	0704	0724	0735	0747	0801	0810	0818	0825	0832	0840	0847	1955	2005	2019	2033	
Romford Station	0646	0706	0727	0738	0750	0804	0813	0821	0828	0835	0844	0850	1957	2007	2021	2035	
Stratford Bus Station DLR	2000	2015	2030	2045	2100	2115	2135	2155	2215	2235	2257	2320	2340	2400					
Stratford Broadway	2005	2020	2035	2050	2105	2120	2140	2200	2220	2240	2302	2324	2344	0004				
Forest Gate Green Street	2012	2027	2042	2057	2112	2127	2147	2207	2227	2247	2308	2330	2350	0010				
Manor Park Broadway	2016	2031	2046	2101	2116	2131	2151	2211	2231	2251	2310	2332	2352	0012				
Ilford Broadway Ilford Hill	2021	2036	2051	2106	2121	2136	2156	2216	2236	2256	2315	2337	2357	0017				
Seven Kings Station	2029	2044	2059	2114	2129	2144	2204	2224	2244	2304	2323	2345	0005	0025				
Chadwell Heath Wangey Road	2036	2051	2100	2121	2136	2151	2211	2231	2251	2311	2329	2351	0011	0031				
Romford Market	2048	2103	2118	2133	2148	2203	2223	2243	2303	2319	2338	2400	0020	0040				
Romford Station	2050	2105	2120	2135	2150	2205	2225	2245	2305	2321	2340	0002	0022	0042				

Saturdays

Stratford Bus Station DLR	0636	0705	0735	0805	0820	0835	0850	0905	0918	0926	0934	
Stratford Broadway	0640	0709	0739	0809	0824	0839	0854	0909	0923	0931	0939
Forest Gate Green Street	0647	0716	0746	0816	0831	0846	0901	0917	0931	0939	0947
Manor Park Broadway	0650	0719	0749	0819	0834	0849	0904	0920	0934	0942	0950
Ilford Broadway Ilford Hill	0655	0709	0724	0739	0754	0809	0824	0839	0847	0854	0902	0910	0918	0926	0933	0940	0948	0956
Seven Kings Station	0703	0717	0732	0747	0802	0817	0832	0847	0855	0902	0911	0920	0928	0936	0943	0950	0958	1006
Chadwell Heath Wangey Road	0709	0723	0738	0753	0808	0823	0838	0853	0901	0908	0917	0926	0934	0942	0949	0957	1005	1013
Romford Market	0721	0735	0750	0805	0820	0835	0850	0905	0914	0923	0932	0941	0949	0957	1004	1012	1020	1028
Romford Station	0723	0737	0752	0807	0822	0837	0852	0907	0917	0926	0935	0944	0952	1000	1007	1015	1023	1031

Sundays and Public Holidays

Stratford Bus Station DLR	0732	0811	0841	0911	0935	1835	1845	2115	2135	2155	2215	2235	2257	2320	2340	2400
Stratford Broadway	0736	0815	0845	0915	0940	1840	1850	2120	2140	2200	2220	2240	2302	2324	2344	0004
Forest Gate Green Street	0742	0821	0851	0921	0947	1847	1857	Then every	2127	2147	2207	2227	2247	2309	2330	2350	0010
Manor Park Broadway	0745	0824	0854	0924	0951	1851	1901	every	2131	2151	2211	2231	2251	2312	2332	2352	0012
Ilford Broadway Ilford Hill	0719	0750	0829	0859	0929	0956	20	2256	2317	2337	2357	0017						
Seven Kings Station	0727	0758	0837	0907	0937	1004	minutes	2304	2325	2345	0005	0025						
Chadwell Heath Wangey Road	0733	0804	0843	0913	0943	1011	until	2311	2331	2351	0011	0031						
Romford Market	0743	0814	0853	0923	0953	1023		2320	2340	2400	0020	0040						
Romford Station	0745	0816	0855	0925	0955	1025		2322	2342	0002	0022	0042						

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